



# MARY LOU KALLA FOUNDATION, INC

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December 2022

Dear Friends of Mary Lou Kalla Foundation:

We thank you for giving us another tremendous year to continue our benevolent work for the most disadvantaged communities in Bangladesh and Sri Lanka.

This year, MLKF provided a \$10,000.00 grant towards the installation of a deep tube well for indigenous girls at the Thanchi Girls Hostel in Thanchi, Chittagong, Bangladesh. The tube well will provide water for drinking, showers, washing clothes and other daily uses.

MLKF was also happy to extend a helping hand to the Shanti Raj Dispensary (medical clinic) with a grant of \$10,000.00 to construct an additional room. This room will provide patients to stay for a few extra days for healing since many of them travel to the clinic from several hours journey. This clinic will also be able to offer labor and delivery care, giving mothers the option of delivering at the clinic.

MLKF was able to support The Motion Project and partnering with The Columbo Friend-in Need Society (CFINS) with a grant of \$5,000.00. We thank Donald De Alwis, Founder and President of The Motion Project for undertaking this initiative to provide the needs to underserved individuals in Sri Lanka.

CFINS hosted two medical camps this year in Sri Lanka. MLKF was able to provide the cost of fitting prosthetic devices to 20 children who lost their limbs. Also, MLKF was able to provide the cost for 250 patients who needed vision screening and glasses in order to see clearly.

We mourn the untimely death of Samuel Quiah who was 41 years old, and son of MLKF board member Mabel Gomes. In his honor, Samuel's parents Mabel and Rowland have set up a fund in his name to help young students pursue higher education and then help their own tribal communities in Bangladesh.

We thank our generous benefactors for their support as we continue to uplift impoverished populations. Your donations support our mission to help these communities gain self-sufficiency and helps our beneficiaries lead healthier, happier lives.

## BOARD MEMBERS OF MARY LOU KALLA FOUNDATION WISH YOU AND YOUR FAMILY A PEACEFUL AND SAFE HOLIDAY SEASON

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## Samuel (Sam) Quiah Memorial Fund

Mary Lou Kalla Foundation is an amazing nonprofit organization that does incredibly important work for developing countries- this is also a charity that was near and dear to late Sam Quiah's heart. MLKF works with children, mothers and elderly with educational support and medical care. **Donation are being raised in Sam Quiah's name to be used towards the education of young students in the tribal communities in Bangladesh** who will magnify our gift by using their education to catalyze a chain reaction of good deeds. Mabel Gomes and Rowland Quiah extend their deepest gratitude for your support in their son's name.



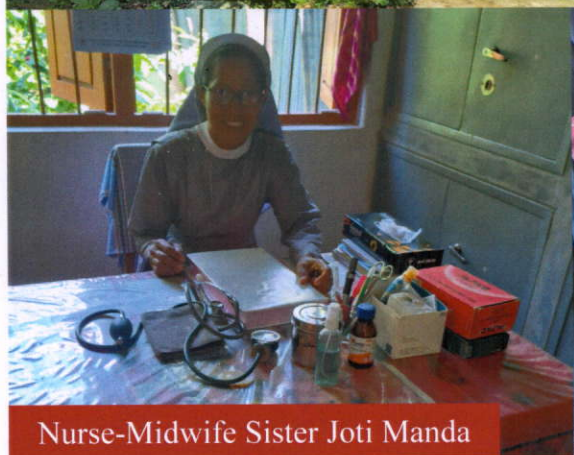
## Mary Lou Kalla Foundation (MLKF) Awards A Grant Of \$10,000.00 To Santi Raj Clinic for an extension of another room in Thanchi, Chittagong, Bangladesh



Santi Raj Medical Clinic



Snake bitten patient



Nurse-Midwife Sister Joti Manda



Clinic bed

Santi Raj Dispensary (SRD) is a medical clinic serving underprivileged indigenous communities in the Chittagong Hill Tracts since 2008. The clinic has one room staffed by a nurse/midwife and volunteers. Most of their patients are disadvantaged indigenous people who lack basic medical care. The clinic treats about 80-90 patients per month, many of whom hail from far away regions requiring a trek as long as 8 hours.

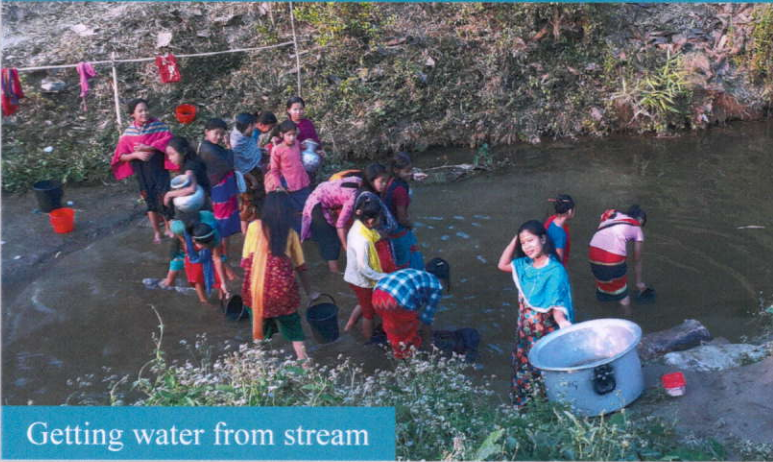
Many of the snake bitten patients in this region are treated at this clinic (48 patients bitten by snakes in 2021-2022) and need a few days to be treated.

Most of the babies in the villages are born in their own home with the help of a midwife. The clinic now has seen a need for delivery of babies along with mother and childcare. The clinic requested MLKF for a grant to construct another adjoining room with beds for patients to stay overnight. This extra room will include the services that the clinic can provide several fold, by expanding the services offered to include overnight medical care.

MLKF is pleased to provide SRD with a grant of \$10,000.00 for the extension of another room for patients and the purchase of clinic beds and other medical supplies.



## Mary Lou Kalla Foundation (MLKF) donates \$10,000.00 to install a Deep Tube Well for Fresh Water at Thanchi Girls Hostel



Getting water from stream

The 100 young girls at Thanchi hostel come from the neighboring Chittagong Hill Tracts of Bangladesh. These children live with their families in the remote high hills that have no roads, telephone, internet, television, gas and electricity. The only way to reach these villages is by boats or a 6-10 hours walk.

The students range from 12 to 16 years of age and limited access to education nearby forces them to travel long distances to attend school. Because of this reason, these girls rely on the hostel, where they live during the school year and leave during holidays for their villages.

The hostel had no running water for the girls to bathe, wash their clothes and do other daily chores. Every morning, they walked to the nearby stream before school to fetch water in pitchers and buckets. They then collected the water in a large tank inside the hostel area for their daily needs. The students would also bathe in the stream and wash their clothes when the water level was high. The poor water quality led to numerous health issues stemming from consumption of the bacteria laden



Tube well for daily use



Deep tube well installed

water.

With the help of Mary Lou Kalla Foundation, the engineers dug deep holes on the hostel grounds to obtain fresh clean water. They were successful after several attempts and then ultimately installed a deep tube well. Pipes were connected so that the water could be used for drinking, for bathrooms and showers, and for washing clothes in the hostel complex.

Hostel girls sleep on the floor in this common hall room



Common shower area



# MLKF through The Motion Project funds 2 Mobile Medical Clinics in Sri Lanka

(20 children receive prosthetic limbs &  
250 patients receive vision tests and eye glasses)



Child recipient for artificial limb



Child recipient for artificial limb



Vision Screening



Patient receiving eye glasses

In Sri Lanka (formerly Ceylon), Mary Lou Kalla Foundation (through The Motion Project) was able to fund two mobile medical clinics through the Colombo Friend-in-Need Society. These mobile clinics provide diabetes screenings, vision screenings and corrective reading glasses, wellness screenings, and prosthetic limb manufacturing and fitting – moreover, these services are provided in the communities that need them most; the mobile clinic bus travels to remote regions in Sri Lanka to reach disadvantaged populations with limited access to medical care.

With your generous support, the Motion Project donated approximately 250 reading glasses and 20 prosthetic limbs to the mobile clinics, in addition to paying for labor and all other necessary expenditures to ensure healthcare access to marginalized Sri Lankan communities. Each mobile clinic served several hundred people, indicating the dire need for remote medical care and the unique niche that our community partner fulfills. We are grateful for the partnership that The Motion Project has with the Colombo Friend-in-Need Society, and look forward to the phenomenal progress that we will continue to make in improving healthcare and access in Sri Lanka.

Donald De Alwis  
The Motion Project  
Founder & President  
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**PLEASE MAKE YOUR CHARITABLE CONTRIBUTION**

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